

Kasegaon Education Society's
Arts and Commerce College, Kasegaon
Tal. Walwa, Dist. Sangli.

2020-21

Best Practice- 1

- 1. Title of the Practice: Jayant Career Week – 2021**
- 2. Objectives of the Practice:** To create awareness regarding career opportunities and physical fitness among the students.
- 3. THE CONTEXT:** The college has organized lectures by experts in various fields on the occasion of Jayant Career Week, which provided information on health, intellectual development and career opportunities to students in rural areas.
- 4. THE PRACTICE:** On the occasion of birthday of Hon. Jayantrao Patil, Jayant Career Week - 2021 was organized in the college from 10/02/2021 to 16/02/2021. To create awareness regarding career opportunities and physical fitness among the students was the main objective of the activity. This Career Week was inaugurated on Thursday, 11/02/2021 by Dr S. K Mohite, Vice-principal, Rajarambapu College of Pharmacy, Kasegaon, with Rangoli Competition. The program was chaired by Dr. C. S. Mangdum, Principal, Rajarambapu College of Pharmacy, Kasegaon. On Friday, 12/02/2021, the essay writing competition was organized by the Marathi department of the college for the intellectual development of the college students and to develop their writing skills. The coordinator of the essay writing competition was Dr. Madhuri Tanwade. In the career week, on Saturday 13/02/2021, the guest lecture of Mr. Sanket Ashok Kamble (Administrative Officer, Apollo Health and Lifestyle Ltd., Pune Division) was organized specially for Alumni. He provided his valuable insights on the career opportunities in Health sector. Principal Dr. S. R. Mane was chairperson and Mr. Deepak Sathe was coordinator. The next activity in the career week was health check-up camp which was organized on Tuesday 16/02/2021. For this programme, Dr. Rutul Raskar, Primary Health Center, Kasegaon was present. The program was coordinated by Shri. Bharat Kharat. The Jayant Career Week was concluded on Wednesday, 17/02/2021 with a Blood Donation Camp which was organized under the supervision of Dr. Khadake, Rajarambapu Blood Bank, Islampur. Principal Dr. S. R. Mane and Shri Shashikant Mohite coordinated this activity.
- 5. Evidence of success:** The successful organization of the 7 day career week has helped the college students as well as alumni. On the occasion of Jayant Career Week, various programs were organized under the guidance of experts in various fields, which helped the rural students to pursue careers in health and other fields and provided them with the guidance for their intellectual development.

6. Problems Encountered and Resources Required – The programme schedule was prepared to reach the maximum students and alumni. But because of Pandemic Lockdown situation in some villages, the maximum number could not be achieved. Further, it was also found that financial support is needed to educate students in rural areas about health and educate about the career opportunities.

7. Notes (Optional)-----

Best Practice- 2

1. Title of the Practice: Women Empowerment

2. Objectives of the Practice:

- To strive for the rightful place of women in society and their empowerment.
- To give the importance to women's safety.
- To create sexual sensitivity among the students for developing confidence in female students and enabling them to face various challenges in the future.
- To help female students to develop their latent qualities.

1. THE CONTEXT: The College strives to empower the women not only in college but also in the society. It has been observed that the girl students in the college and women in the society are less aware of their rights, health and status.

- a.** To develop their awareness in this direction, the college organized activities along with personal counseling. A guest lecture was organized.
- b.** A Total Blood Check-up Camp for the girl students was organized. A guest lecture was regarding the awareness of the status of women in the society and their rights. The girl students and their women parents suffer from anemia, and other related diseases.
- c.** Under the National Deworming Scheme, the tablets for deworming were distributed among the students.

2. THE PRACTICE: In order to achieve the above objectives, the following steps were taken.

- a.** A Guest lecture of Smt. Manisha Bhosale, Islampur was organized on 8th March 2021. The topic of the lecture was “The Social Status of Women: Past- Present-Future.” The 47 girl students attended the program and were enlightened. The Welcome and the Introduction of the Program was done by Shri. Bharat Kharat. The Chief Guest was introduced by Shri. Shashikant Mohite. The program was chaired by Principal Dr. S. R. Mane. Smt. Manisha Bhosale enlightened the students about their Legal Rights, Social Status and the remedies for achieving the goals. She also informed the students regarding the cruel traditions and conventions like Sati, Johar, Child Marriage, Devdasi, and status of widows. She also informed about the

disparity in the Man-Woman education and day-to-day practice. The vote of thanks was proposed by Dr. Megha Dixit.

- b. It has been observed that the girl students in the college and women in the society are less aware of their health and health care. In order to address this issue, a Total Blood Check-up Camp was organized in the college in collaboration with Primary Health Centre, Kasegaon, Tal. Walwa, Dist. Sangli. The girl students are many times not aware of their deteriorating health status because of malnutrition. Through their blood checkup, their blood group, hemoglobin, and WBC/ RBC count was detected. They were provided with the medicines to recover from their deficiencies free of cost on behalf of the PHC. The college teaching and non-teaching staff enthusiastically worked for the success of the camp. The activity being organized during the Pandemic period helped the students to recover their health.
- c. In villages, there is possibility of suffering by worms because of polluted water and repeated flood situations. The population is less aware of this danger. So, with the help of Primary Health Centre, Kasegaon, Tal. Walwa, Dist. Sangli, the Deworming Tablets were distributed among the students.

3. Evidence of success:

- a. The guest lecture of Smt. Manisha Bhosale influenced the girl students regarding the awakening of their self-esteem and the inspiration of the great women in the Indian history like Rajamata Jijau, Ahilyabai Holkar and Tararani helped them to move towards the education and self-dependence.
- b. The need of the awareness towards their own health was addressed through the Total Blood Checkup Camp. The girls even from the well-to-do families were found suffering from the deficiency which was the result of their unhealthy diet. The medicines provided were free of cost so, they need not spend extra money for it. In our college, there are many married girls who needed this type of care. There was another such Follow-up Camp to be organized to find the results which could not take place.
- c. The National Deworming Scheme was observed in the college through distribution of the Deworming Tablets free of cost. This activity helped the students be free from the related diseases by Worms. This helped the students to be free from Worm Disease and enjoy day-to-day routine.

4. Problems Encountered and Resources Required –

- a. It is the need of the locality that the Guest Lectures of the experts should reach the women even from the society. Though, we tried to reach them through our students, a full-time activity is expected in this direction. It requires financial support.

- b.** The Total Blood Checkup Camp was to be organized in a periodical way so that the results could be observed and the suggestions should have been given to the girl students personally taking the personal report into consideration, but the Covid-19 Pandemic Lock-Down Situation restricted our activity to be at primary level only.
- c.** The activity of the distribution of the Deworming Tablets is supposed to take in a periodical manner. But because of the Covid-19 Pandemic, the PHC could not be in contact. The heavy workload of the Pandemic restricted them to be on time.

7. Notes (Optional)